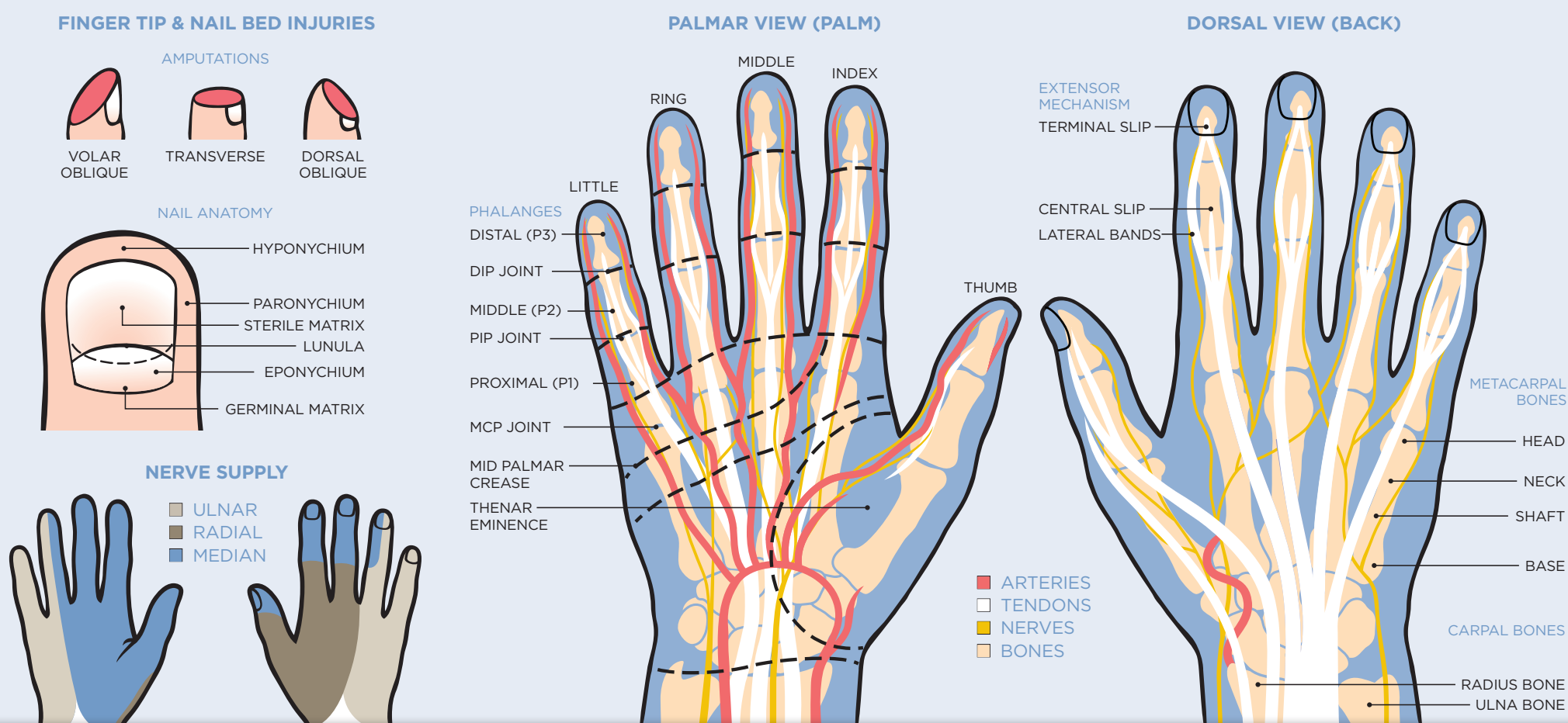




**HANDOC**  
THE HAND INJURY MANAGEMENT EXPERTS

# SOME TOOLS CANNOT BE REPLACED

## 24 HOUR EMERGENCY SERVICE FOR ACUTE HAND & UPPER LIMB INJURIES 1300 426 362



To reduce the impact of Hand Injuries, call 1300 HANDOC.

When there is an emergency, reliability, guidance and adequate response are critical. **HANDOC:** The Hand Injury Management Experts and provider of choice in WA.

### STEP 1 IMMEDIATE FIRST AID FOR ACUTE HAND INJURIES

If you need to offer first aid to a co worker remember these tips:

- Ensure safety for yourself, bystanders and injured person.
- ABC: Check Airway, Breathing & Circulation (if required).
- Remove rings, jewellery and restrictive clothing, if possible (including from adjoining fingers).
- Depending on the injury/s refer to this chart;

Task Activity

Task Activity	Crush Injuries	Tendon & Nerve Injuries	Lacerations (cuts)	High pressure injections & foreign bodies	Amputations	Finger tip & Nail bed injuries	Burns	Open Fractures	Closed Fractures & Dislocations
Wash any dirt from the injury.	✓	✓	✓	✓	✓	✓		✓	
Apply clean dressing and bandage to wound.	✓	✓	✓	✓	✓	✓		✓	
Elevate injured arm/hand above heart.	✓	✓	✓	✓	✓	✓	✓	✓	✓
For burns, run injured arm/hand under cool running water for at least 20 minutes.							✓		
Rest arm/hand and provide support with a splint.	✓	✓	✓	✓	✓	✓	✓	✓	✓
Call 1300 HANDOC (1300 426 362) or your Injury Manager. Call 000 for serious burns.	ASAP	Same Day	Same Day	ASAP	ASAP	ASAP	ASAP	ASAP	Same Day

→ If required, administer pain relief.

→ **Do not allow patient to eat, drink or smoke.**

Please refer to your company procedures for reporting of injuries.

**Call 1300 HANDOC (1300 426 362) to speak to a Specialist Hand Surgeon.**

#### What to do with an Amputated body part?

- Wrap amputated part(s) in damp gauze & place in a sealed plastic bag.
  - Place the sealed bag in a plastic container in an ICE SLURRY (never in direct contact with ice).
  - Wrap the injured extremity with a clean and damp dressing.
- DO NOT** use a tourniquet.  
**DO NOT** throw away amputated parts which appear destroyed.

### STEP 2 CALL HANDOC FOR IMMEDIATE SPECIALIST ADVICE AND MEDICAL ATTENTION 1300 HANDOC (1300 426 362)

#### Referral Information: Patient Details

- Basic patient information, including contact numbers and relevant medical history.
- Treatment so far including tetanus status (if known).
- Time since last meal and drink.
- Arrival details for rural, interstate and overseas patients.
- Does the patient require transport to our clinic or the hospital?
- Employer and Injury Manager contact information (if applicable).

#### Referral Information: Injury Details

- How and when the injury occurred?
- Injured hand: left or right? Dominant hand?
- Injury location: Digit/hand/wrist or lower arm? Dorsal, palmar, radial or ulnar area?
- Degree (if any) of skin/tissue loss?
- Fractures: Identified bone/joint involved? Open or closed? Location of fracture: head, neck, shaft or base of bone?
- Identified nerve and/or tendon involvement?