



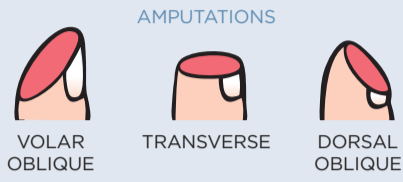
**1300HANDOC**  
THE HAND INJURY MANAGEMENT EXPERTS

# SOME TOOLS CANNOT BE REPLACED

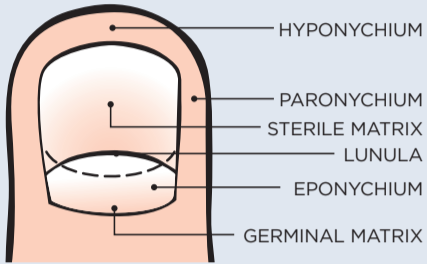
## 24 HOUR EMERGENCY SERVICE FOR ACUTE HAND & UPPER LIMB INJURIES

**1300 426 362**

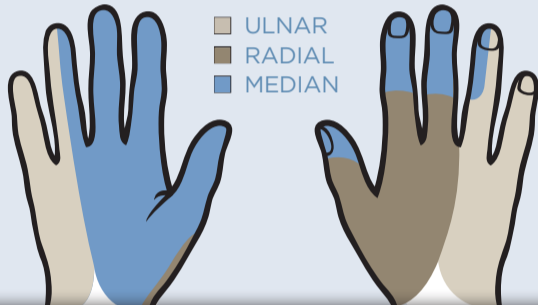
### FINGER TIP & NAIL BED INJURIES



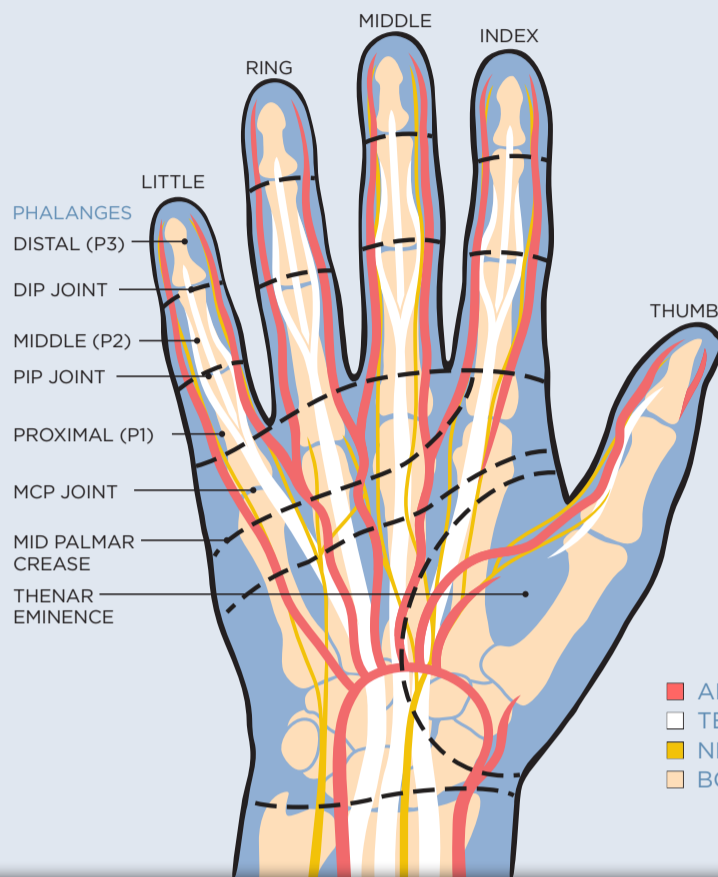
#### NAIL ANATOMY



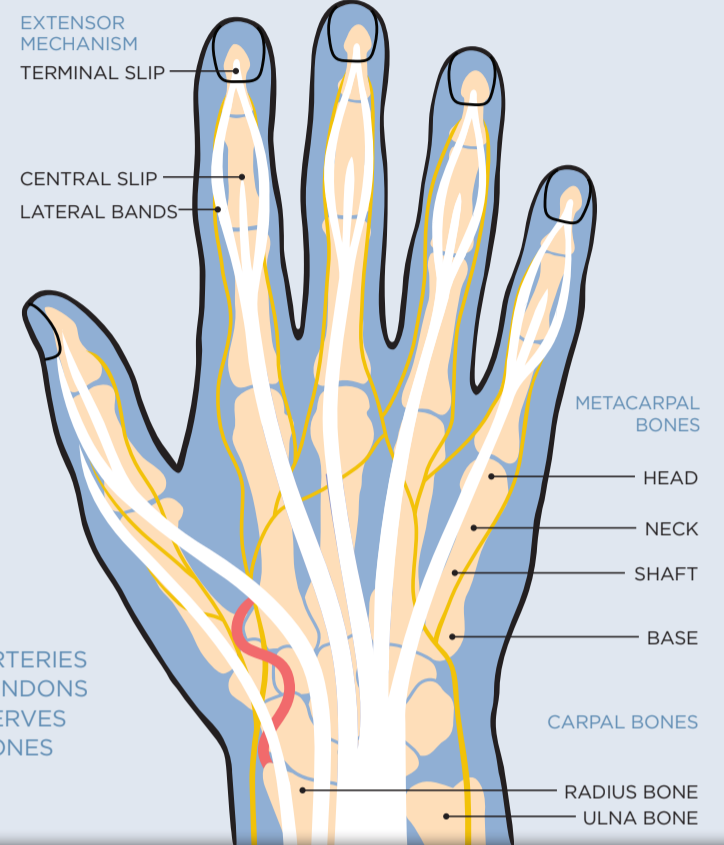
#### NERVE SUPPLY



### PALMAR VIEW (PALM)



### DORSAL VIEW (BACK)



To reduce the impact of Hand Injuries, call **1300 426 362**.

When there is an emergency; reliability, guidance and adequate response are critical. **HANDOC:** The Hand Injury Management Experts and provider of choice in WA.

### STEP 1

## IMMEDIATE FIRST AID FOR ACUTE HAND INJURIES

If you need to offer first aid to a co worker remember these tips:

- Ensure safety for yourself, bystanders and injured person.
- ABC: Check Airway, Breathing & Circulation (if required).
- Remove rings, jewellery and restrictive clothing, if possible (including from adjoining fingers).
- Depending on the injury/s refer to this chart;

Task Activity

Task Activity	Crush Injuries	Amputations	Finger tip & Nail bed injuries	High pressure injections & Foreign bodies	Open Fractures	Tendon & Nerve Injuries	Lacerations (cuts)	Closed Fractures & Dislocations	Burns
Wash any dirt from the injury.	✓	✓	✓	✓	✓	✓	✓		
Apply clean dressing and bandage to wound.	✓	✓	✓	✓	✓	✓	✓		
Elevate injured arm/hand above heart.	✓	✓	✓	✓	✓	✓	✓	✓	✓
Rest arm/hand and provide support with a splint.	✓	✓	✓	✓	✓	✓	✓	✓	✓
For burns, run injured arm/hand under cool running water for at least 20 minutes. Call 000 for serious burns.									✓
<b>Call 1300 HANDOC (1300 426 362) or your Injury Manager ASAP.</b>	✓	✓	✓	✓	✓	✓	✓	✓	✓

→ If required, administer pain relief.

→ **Do not allow patient to eat, drink or smoke.**

Please refer to your company procedures for reporting of injuries.

**Call 1300 HANDOC (1300 426 362) to speak to a Specialist Hand Surgeon.**

### What to do with an Amputated body part?

→ Wrap amputated part(s) in damp gauze & place in a sealed plastic bag.

→ Place the sealed bag in a plastic container in an ICE SLURRY (never in direct contact with ice).

→ Wrap the injured extremity with a clean and damp dressing.

**DO NOT** use a tourniquet.

**DO NOT** throw away amputated parts which appear destroyed.

### STEP 2

## CALL HANDOC FOR IMMEDIATE SPECIALIST ADVICE AND MEDICAL ATTENTION 1300 HANDOC (1300 426 362)

### Referral Information: Patient Details

- Basic patient information, including contact numbers and relevant medical history.
- Treatment so far including tetanus status (if known).
- Time since last meal and drink.
- Arrival details for rural, interstate and overseas patients.
- Does the patient require transport to our clinic or the hospital?
- Employer and Injury Manager contact information (if applicable).

### Referral Information: Injury Details

- How and when the injury occurred?
- Injury location: Left or Right, Digit/hand/wrist or lower arm? Dorsal, palmar, radial or ulnar area?
- Degree (if any) of skin/tissue loss?
- Fractures: Identified bone/joint involved? Open or closed? Location of fracture: head, neck, shaft or base of bone?
- Identified nerve and/or tendon involvement?



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